







# **OFFICERS AND DIRECTORS** RY 2022-2023



JENNIFER JONES Rotary International President



LILU ALINO **District Governor** District 3860



**District Secretary** 



JONG FERNANDEZ EDWIN VALENCIA Asst. Governor, 3F



**MARY JOY** TORRES **President** 



**EVERNIE** ALFECHE Vice President PE/Secretary



**MALOU** TEOXON



MAYVELYN **URBANO** Executive Secretary



**JADE RALLOS** Treasurer



**GLADYS BALANO** Auditor



**NIEVEN MAY** ALFECHE **Protocol Officer** DTO



FANNY **FERNANDEZ** Public Information Officer



**RIZALDY CRUZ** Sgt. At-Arms



**OMAR GALLINERO** CICO



**DEYPALAN Vocational Ser- Community** vice Chair



**ALAN INES** DRRM/ **Service Chair** 



**DARNIE JANDIC BALDOSTAMO**nternational Service **Youth Service** Chair Chair



**CELEMA GRIÑO** Administration Director



MARIBEL ACUESTA Membership/ **DEI Director** 



**ESPIE MALIWAT Public Image Director** 



**ROGELIO** RALLOS, JR. **TRF Director** 



**XAVIER BAYAN Service Project** Director



LANI CASTANIAGA IPP



#### **Jennifer Jones**

#### R.I. PRESIDENT'S MESSAGE

Rotary recently surveyed our members and found something that should be unsurprising but still caused many of us in Rotary leadership to sit up and pay attention: The single most important factor in member satisfaction is the club experience. How at home you feel in your club, how rewarding club meetings are, and how engaged you feel in service projects.

I have seen this firsthand across the Rotary world this year. When members feel an emotional connection to their club, they cannot imagine leaving. And that connection is often forged in "Rotary moments," when people feel that special connection to the people around them and the impact of their service. Our Imagine Impact Tour is all about shining a light on those Rotary moments and encouraging our members to tell their stories.

But there's something else that makes an enormous difference in building and sustaining that connection. It's the comfort and care of our members — both Rotarians and Rotaractors. As my Rotary friend Todd Jenkins says, "People can't see how you think, but they sure can see your actions."

We are in the relationship business, and if we take care of each other — genuinely show concern for each other — then we will make friends for life, and we will do anything to widen that circle of friendship.

The question is: How do we live with our eyes wide open and do the things that really matter? We do this by taking time for each other, actively listening to one another, and treating every Rotary member as equally valuable — no matter how long we have been a member or what position we hold.

People like me in Rotary leadership can offer all kinds of advice about how to make your club experience more valuable. But what's most important is for everyone in every Rotary club to speak up and listen to one another. We should never be afraid to share with our fellow Rotary member what we expect to get out of our membership and have an open discussion about how to make that happen.

To lead a Rotary club is to invite such dialogue and to be willing to try new approaches. Good leadership is giving it away. Propping others up. Allowing others to feel the victory.

I have one last request for club leaders. We still need to do more worldwide to increase our female membership. It's up a bit this year, but I know we can and must do better. Rotary is growing again. As I write this, we're just a handful of members away from surpassing 1.2 million Rotarians again. So let's redouble our efforts to bolster our clubs with great new members, then keep them for life by providing comfort and care.

Jennifer Jones
Président, Rotary International







#### JANUARY is VOCATIONAL SERVICE Month

Vocational Service focuses on:

- Adherence to and promotion of the highest ethical standards in all occupations, including fair treatment of employers, employees, associates, competitors, and the public.
- The recognition of the worthiness of all useful occupations, not just those that are pursued by Rotarians.
- The contribution of your vocational talents to solving the problems of society and meeting the needs of the community.

During January, Rotarians are encouraged to focus on this important avenue of Rotary service. Discussions on vocational service can lead to projects that not only develop the ethical consciousness and vocational skills of Rotarians but also the talents within their communities. Vocational Service Month is an opportunity to begin year-long vocational service activities, ranging from Rotary discussions to awards to community projects.



# Secretary's Report





by Malou Teoxon
Club Secretary

#### Roster of Members for RY 2022-23

NAME	CLASSIFICATION
1) Acuesta, Maribel D. "Bel" *RFSM1+2	Dental Services; Pediatrics
2) Alfeche, Evernie V. "Tata"	Management; Transport Services
3) Alfeche, Nieven May V. "Twinkle" *PHF	Management; Cooperative
4) Balano, Gladys D. "Glads' RFSM+3	School Registrar; Private
5) Baldostamon, Leo "Ducks"	Management; Restaurant Cafe
6) Bayan, Xavier J. "Bobet" PHF+2	Law; General Practice
7) Castaniaga, Lani A. "Lani" PHF	Management; Government Bank
8) Cruz, Rizaldy R. "Zaldy" PHF	Ärchitecture; Building
9) Deypalan, Melani G. "Mel" RFSM+1	Dental Services; Orthodontics
10) Fernandez, Fanny M. "Fan" PHF	Insurance; Life & Non-Life
11) Gallinero, Omar S. "Mar" PHF+1	Management; Photography & Events
12) Gallinero, Charo Lyca B. "Sweet"	Management; Nail Spa
13)Griño, Celema I. "Cel" RFSM+2	Dental Services; Hospital
14) Ines, Alan M. "Lan" PHF	Ädministration, Private School
15) Jandic, Darnie F. "Bing" PHF	Management; Spa
16) Maliwat, Esperanza C. "Espie" RFSM+1	Management; Real Estate Rentals
17) Pineda, Rona F. "Ron" RFSM	Management; Farm Resort
18) Publico, Troy M. "Troy"	Financial Advisor
19) Rallos, Jade N. "Jade" PHF+1	Medical Technologist
20) Rallos, Rogelio Jr. A. "Wang" PHF+5	Management; Medical Supplies Distribution
21) Sabellano, Ivie L. "Ivs" PHF	Management; Commercial Bank
22) Teoxon, Marilou A. "Malou"	Management; Travel & Tour
23) Torres, Mary Joy B. "Joy"	Management; Logistics
24) Tonguia, Tomas, Jr. S. "Tom"	Management; Commercial Banking
25) Urbano, Mayvelyn G. "May" PHF+1	Management; Fastfood Restaurant

\*PHF- Paul Harris Fellow

\*RFSM- Rotary Foundation Sustaining Member



"Perhaps dreaming is not so bad if one dreams good dreams and makes them come true."

— Paul Harris, My Road to Rotary



**by Jade Rallos** *Club Treasurer* 



# Treasurer's Report

Monthly Dues Payment Chart



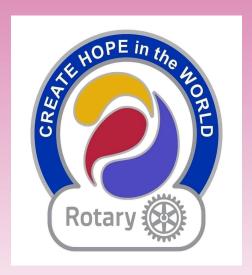
Name	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	Total
1. Maribel Acuesta D.	<b>~</b>	<b>~</b>											
2. Alfeche Evernie V.		V	<b>~</b>	<b>~</b>	<b>~</b>	<b>~</b>	<b>~</b>						
3. Alfeche Nieven May V.													
4. Balano, Gladys D.	<b>~</b>	<b>~</b>	V	V	$\checkmark$	<b>V</b>	<b>~</b>	<b>✓</b>					
5. Baldostamon, Leo													
6. Bayan Xavier J.	✓	<b>~</b>	$\checkmark$	V	V	✓		$\checkmark$	V	<b>~</b>	V	<b>✓</b>	-0-
7. Castaniaga, Lani A.	✓	V	<b>✓</b>	✓	<b>✓</b>	✓	V	<b>~</b>		<b>~</b>	V		-0-
8. Cruz, Rizaldy R.	✓	✓	✓	$\checkmark$	✓	V			V	V	V	<b>~</b>	-0-
9. Deypalan, Melani G.	<b>→</b>	<b>✓</b>	V	V	V								
10. Femandez, Fanny M.													
11. Gallinero, Omar S.													
12. Grino Celema I.		<b>~</b>	✓	<b>~</b>	<b>~</b>	✓	✓	<b>/</b>	<b>~</b>	V	<b>✓</b>	$\checkmark$	-0-
13. Ines, Alan M.	✓	<b>✓</b>	<b>✓</b>	$\checkmark$	<b>~</b>	✓	✓	$\checkmark$	V	V	V	<b>✓</b>	-0-
14. Jandic, Darnie F.	V	V	✓	✓	✓	$\checkmark$	✓	$\checkmark$	V	$\checkmark$	V	V	-0-
15. Maliwat, Esperanza C.	V	V	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	V	V	V	✓	$\checkmark$	$\checkmark$	-0-
16. Pineda, Rona F.	<b>~</b>	V	$\checkmark$	V	V	V	V		V	$\checkmark$	$\checkmark$	V	-0-
17. Publico, Troy	V	✓											
17 Rallos, Jade N.	V	V	V	V	V	V	✓	✓	<	< >	<	✓	-0-
21. Rallos Rogelio Jr. A.	V	✓	V	✓	V	V	V	<b>✓</b>	V	<	$\checkmark$	V	-0-
22. Sabellano, Ivie L.	V	✓	V	✓	V	V	✓	✓	<b>✓</b>	$\checkmark$	V	<b>✓</b>	-0-
23. Teoxon, Marilou A.	V		<b>~</b>	<b>~</b>	<b>~</b>	<b>~</b>	V		<b>~</b>		<b>✓</b>		
24. Torres, Mary Joy B.			✓										
25. Tonguia, Tomas Jr. S.	<b>~</b>	✓	✓	V	V		$\checkmark$	✓	✓	$\checkmark$	$\checkmark$	<b>~</b>	-0-
26. Urbano, Mayvelyn G.													

"Contributing means giving willingly and freely to somebody else, something greater than yourself. It's about doing good for the sake of it..."

#### RI President-elect announces 2023-24 Presidential theme



PP Rogelio "Wang" Rallos, Jr TRF Chair





Rotary International President-elect R. Gordon R. McInally called for members to capture the world's attention and lead the way toward possibilities far beyond our current expectations.

McInally, a member of the Rotary Club of South Queensferry, West Lothian, Scotland, revealed the 2023-24 presidential theme, *Create Hope in the World*, during the Rotary International Assembly in Orlando, Florida, USA, on 9 January. He urged members to promote peace in troubled nations, help those affected by conflict, and maintain the momentum of initiatives begun by past leaders.

"The goal is to restore hope — to help the world heal from destructive conflicts and, in turn, to help us achieve lasting change for ourselves," McInally said at Rotary's annual training event for incoming district governors.

McInally spoke about a woman he met in Ban Taling Chan, Thailand, where Rotary members helped build houses, a meeting hall, and childcare and health care facilities following the tsunami that devastated South Asia in late 2004. The woman had lost her husband, her daughter, and her son in the tsunami, as well as her livelihood. But she still had a gift to offer McInally: a beautiful seashell.

"She went on to tell me that Rotary... had restored her optimism. We gave her hope," McInally said.

"This is how Rotary brings lasting change to the world," he added, "one restored or newly created hope at a time."



# ps for Keeps

By: Dr. Mel Deypalan Past President

# Adulting

#### 10 realizations that you have to embrace:

- 1. As you get older, you choose the people that you accept in your life. You do not want to waste your energy trying to connect with someone, and it will not prosper into a relationship that is worth keeping.
- You can't stop people from saying things about you. It is not your responsibility to change their minds. You only have to keep on doing what you do best. For as long as you are not hurting anyone, then there is no need to explain yourself.
- You don't need so many friends in your life. You only need a few but are genuine with you. You cut off péople in your life who do not respect you.
- You are a work in progress, so there is no need for you to be hard on yourself. You have to continue learning and embrace that you will never please everyone.
- 5. Kindness goes a long way. If you have nothing good to say, it is better to keep your opinions to yourself. Allow people to grow and learn from their past mistakes.
- 6. Those people who know you better will stay with you no matter what. These are people that you have to keep because they have the purest intentions for you.
- 7. Maturity is to prioritize your needs over anything. For as long it can serve its purpose, you don't feel the need to buy a new one.
- Embrace the fact that we outgrew people. Some of them do not stay because they have other priorities. You don't stop them, you let them go.
- You choose your battles because not everything is worth your ome and energy would want to protect your peace of mind than engage in drama.



# Rotary Membership



PP Bel D. Acuesta Membership Chair



At Rotary, we're committed to treating everyone with dignity and respect, allowing everyone's voice to be heard, and providing equitable opportunities for fellowship, service, and leadership.

Our members want and expect Rotary to be a diverse, equitable, and inclusive organization. We're committed to creating supportive environments that foster open communication and shared learning. And although the Rotary experience may differ from country to country, the dynamics, histories, and structures that create inequality and bias can be found all over the world. Issues of diversity, equity, and inclusion are globally relevant.

The Rotary International Board of Directors and The Rotary Foundation Board of Trustees embrace the principles of diversity, equity, and inclusion, and Rotary is taking action to follow these principles in everything we do. We recognize that being a diverse, equitable, and inclusive organization will enhance the experience that members have in Rotary, allow us to carry out more meaningful and effective service efforts, and create open, welcoming environments that appeal to people who want to connect with us.

The DEI code of conduct asks Rotary members to:

- Use respectful language
- Be supportive
- Foster a welcoming and inclusive environment
- Celebrate diversity

Although free expression is important, what we say and how we behave matter. Rotary does not tolerate speech or behavior that promotes bias, discrimination, prejudice, or hatred because of age, ethnicity, race, color, disabilities, religion, socioeconomic status, culture, sex, sexual orientation, or gender identity.

All Rotary leaders, from club presidents and district governors to directors and trustees, are expected to apply the DEI code of conduct uniformly by taking responsibility for how their words and actions may affect others.

- If you hear something or observe behavior that doesn't align with the DEI code of conduct, you have several options for addressing it:
- If the situation can be resolved through discussion, encourage the member or participant to talk to the person directly. Very often, a person who said something or acted in a way that made others feel excluded, marginalized, or targeted did not do so intentionally. Although there might be mistakes, missteps, and uncomfortable conversations along the way, the end result is a better, stronger Rotary.
- If a discussion is not possible or the situation involves someone in a leadership role or another club, contact <u>Club and District</u> <u>Support staff</u>, who will review the information and follow up appropriately.
- If anyone is in danger or their safety is in doubt, contact local law enforcement and notify Rotary's <u>Club and District Support staff</u>.

# J AM EXHIBIT













The Rotary focuses the limelight on Autism to promote awareness of this complex condition, and of intervention and specific ways to deal with people in the spectrum. This event also aims to raise funds to alleviate intervention and medical expenses of some of these patients.

An exhibit is to run from January 19 to 21, 2023 at Veranza Mall, General Santos City, dubbed as "I AM Exhibit." On the evening of the 21st, a dinner for a cause will be held at the Greenleaf Hotel.

At the Opening Program, the Rotary Club of Polomolok 101 is represented by our enthusiastic Rotarians, PP Fanny Montealto, Rtn Krispian Troy Publico, Rtn Jade Rallos and TRF Chair/PP Wang Rallos. The PNP personnel are also present and interactive as they attend the afternoon's lectures on ASD. Aware-

ness of this complexity will help them respond properly to incidents involving persons with ASD. As defined in psychiatry.org, "Autism Spectrum Disorder (ASD) is a complex developmental condition involving persistent challenges with social communication, restricted interests, and repetitive behavior." ASD is a lifelong, incurable complexity, the symptoms of which may be visible in the early childhood stages. It may be incurable, but there are interventions that could make life both of the child and the Parents

manageable.

This condition being long-term and believed to be irremediable, any assistance such as this could take a bit of stress off the back of the mother who is first and foremost affected by this situation. By initiating this activity to spread awareness of this disorder and to gather any form of assistance for interventions, be it financial or moral and societal support, the Rotary is not only taking care of the well-being of the child in the spectrum, but also of the mother's mental and physical health.

This is a District-wide activity and a joint project of Areas 3FGH hosted by the Rotary Club of General Santos through the leadership of AG Edwin Valencia.

# Meetings

# Projects fellowships



Dinner-for-a-Cause
Greenleaf Hotel January 21, 2023

A Fund Raising project for Children with Autism Spectrum Disorder







# Meetings

# Projects fellowships











# HALL OF PAST PRESIDENTS





2005-2006



PP Espie Maliwat, RFSM+2

**ROTARY YEAR 2006-2007** 



PAG Alan Ines, PHF.

> ROTARY YEAR 2007-2008



PP Rogelio Rallos, PHF+3

> ROTARY YEAR 2008-2009



PP Maribel Acuesta, RFSM+2

> ROTARY YEAR 2009-2010



PP Xavier Bayan, PHF +2

> ROTARY YEAR 2010-2011



PP Rey Trasporto

ROTARY YEAR 2011-2012



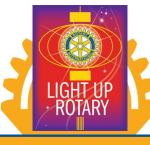
PP Grace Salazar, RFSM

**ROTARY YEAR**2012-2013



PP Benhur Dapanas

ROTARY YEAR 2013-2014



PP Rex Machan

ROTARY YEAR 2014-2015



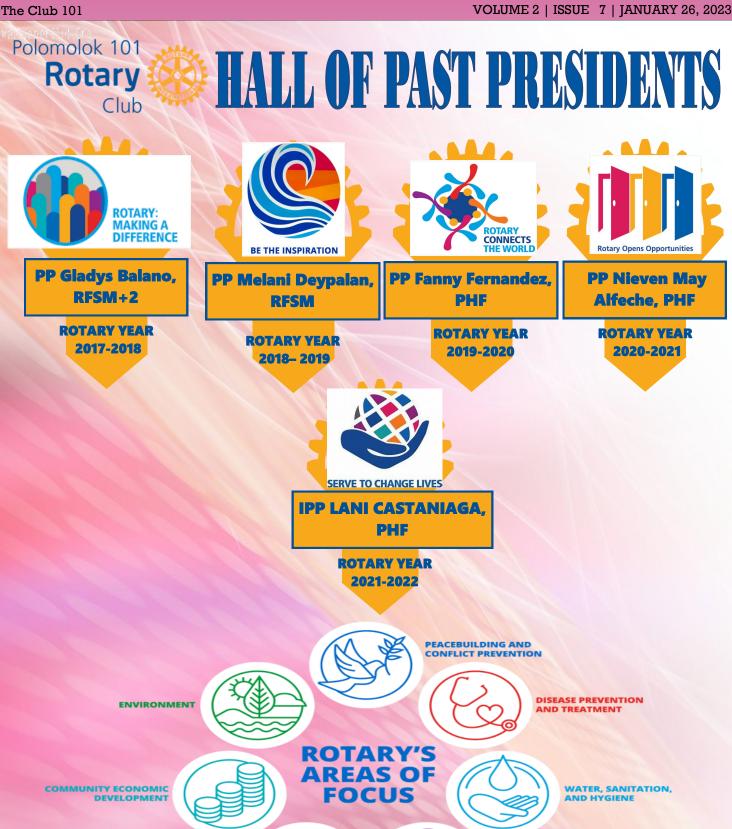
PP Celema Griño, RFSM+2

**ROTARY YEAR 2015-2016** 



PAG Mayvelyn Urbano, PHF+1

**ROTARY YEAR 2016-2017** 



MATERNAL AND CHILD HEALTH





# The Club **Calendar of Activit**

# Ulu New Leadership Month

AUGUST Membership & New Club Developrent

# September

Basic Education and Literacy Month

### october

Economic and Community Development Month October 24 orld Polio Da

#### November

Rotary Foundation Month November 1-7 World Interact Week November 26-27 esidential nference, N

## December

Disease Prevention and Treatment Month

# Janvary Vocational Service Month

# February

Peace building and conflict Prevention Month February 23 Rotary's Anniversar

#### March

Water. Sanitation & Hygiene Month March 14-18 World Rotaract Mock

May

Youth

Service

Month

Adril Maternal and Child Health Month



Rotary Fellowhips Month May 27-May 30 Rotary International Convention. <u> 1elbourne, Austtali</u>

#### Paul Harris Quotes

Rotary changes us and those we serve.

I believe we can change the world, one life at a time.





Rotary Year 2022-2023

# words to live by.



"Community Service has taught me how to develop my skills and increased my confidence. You go out there and think, work with others and create something extra special which make others happy. That gives me the feeling of happiness and fulfillment. That's what life's all about."

# Evernie "Tata" Alfeche Vice President/PN





# Dates to Remember









# History of the Rotary Club of Polomolok 101

<u>The Rotary Club of Polomolok 101 was officially chartered as a legitimate club by Rotary International, through the efforts of its mother club – the Rotary Club of Midtown Gensan -on August 31, 2005. As early as February 2003, there were already numerous attempts to organize a Rotary club in the municipality of Polomolok, but it was only in January 2005 when persistence finally paid off. With the blessing of RC Midtown Gensan, Omar Gallinero became the new club's Charter President, leading 25 other charter members with various classifications. Rotary Club of Polomolok 101 was formed under the leadership of Len Magno as then the District Governor of 3860.</u>

The club's name is suffixed with the number 101 for two significant reasons: one, the club was founded on Rotary International's 101st foundation anniversary; and the club was the 101st club to be chartered under District 3860.

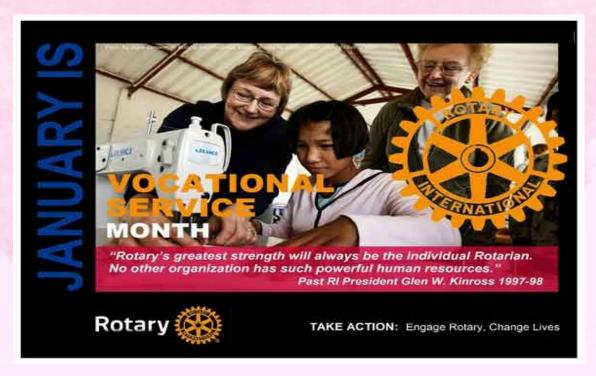
The Rotary Club of Polomolok 101 was registered under District 3860, Area 3F with Club Number 70517. To date, the Club runs on man-strength of twenty five(25) committed individuals.

#### Mission Statement

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

#### Vision Statement

"Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves."





WE'RE DEDICATED TO DOING GOOD TOGETHER--TO SERVICE ABOVE SELF.
WHEN YOU GIVE TO THE ROTARY FOUNDATION, WE CAN FUND PROJECTS IN COMMUNITIES THAT NEED OUR HELP THE MOST. PROJECTS THAT:

- HELP REFUGEES - PROVIDE CLEAN WATER - GROWN LOCAL ECONOMIES - PREVENT AND TREAT DISEASE

EVERY DAY, OUR MEMBERS RESPOND TO CHALLENGES BIG AND SMALL, EMERGING AND ONGOING. LET'S CONTINUE DOING GOOD TOGETHER.

Doing Good Together





DONATE TODAY:
HTTPS://ON.ROTARY.ORG/3YOFHCA





16th General Membership Meeting & Fellowship Night Ambat Residence 17th January 2023/ 6pm

Call to Order.
Invocation. PE/S
The Object of Rotary.
Introduction of Guests Rt
Message from the BOD.
Message from DEI Officer.
Treas. Report.
VP's Time.
Open Forum

VP Tata Alfeche PE/Sec Malou Teoxon Rtn Troy Publico Rtn Fanny Fernandez PAG Alan Ines PP Bel Acuesta Jade Rallos VP Tata Alfeche

Adjournment.

**VP Tata Alfeche** 

Moderator- Pp Twinkle Alfeche

#### INVOCATION

Lord, Today we pray that we receive Your special blessings because we are committed to be a real service organization to help our community. May each of us in our daily routine come to know the joy of caring and sharing with others not as fortunate as we are. May our motto that includes serving, caring and sharing be for us life in service. Prosper us in our labor and grant that we may become true and loyal Rotarians, exemplifying the object of Rotary in our services to our communities and families. Amen.

#### **Object of Rotary**

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service; SECOND: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

The 4 way Test of the things we say or do
Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?

# The Rotary Hymn by George Canseco

I. I want to be a Rotarian for the world,
Make the Rotary flag be a flag of peace unfurled;
I shall serve my community,
Help achieve universal unity
Through Rotary, I shall dedicate my all,
World understanding shall be my cherished goal.

#### Chorus:

With the Four Way Test
I will pursue my quest
And if I, in a way help obtain
Peace in the world
We shall not have lived in vain.

II. I observe service above self, Lend a hand to all who need my help; I'll get my spouse to involve in Rotary And in Rotary ways I will train my family. (Back to Chorus)

III. Build a bridge for tomorrow's youth,
Strengthened by nothing but the truth;
Let's join our hands, there's no reason we'll divide.
We shall all understand, while the good Lord is our guide.
(Back to Chorus)

IV. Peace be achieved, We shall not have lived in vain.





# Sunshine Greetings!

#### Happy Birthday!!!

January 5- Rotakid JB

January 11- Rotakid Sean

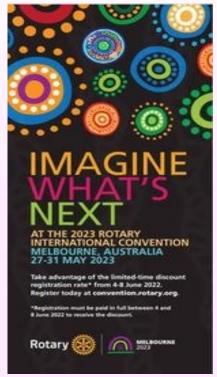
January 17- Rotakid Pave

January 22- Rtn Sweet

January 26- Sps Lawrence

January 30- Rotakid Smesh







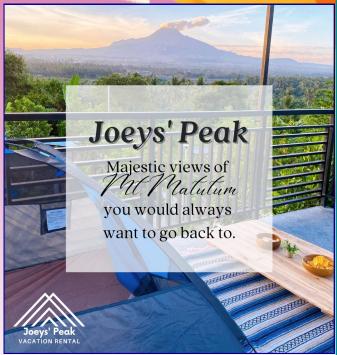






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9504 South Cotabato

Tel. No. (083) 553-5153

Email address: polmargen\_flyingv@yahoo.com





# Our Sponsors · · · · · · · · ·

# Enrollment is now going on CHRISTIAN SCHOOL OF POLOMOLOK SENIOR HIGH SCHOOL NO GENEROES ON ENTRANCE FEES, TUITION FEES AND MISCELLANEOUS FEES AND MISCELANEOU

